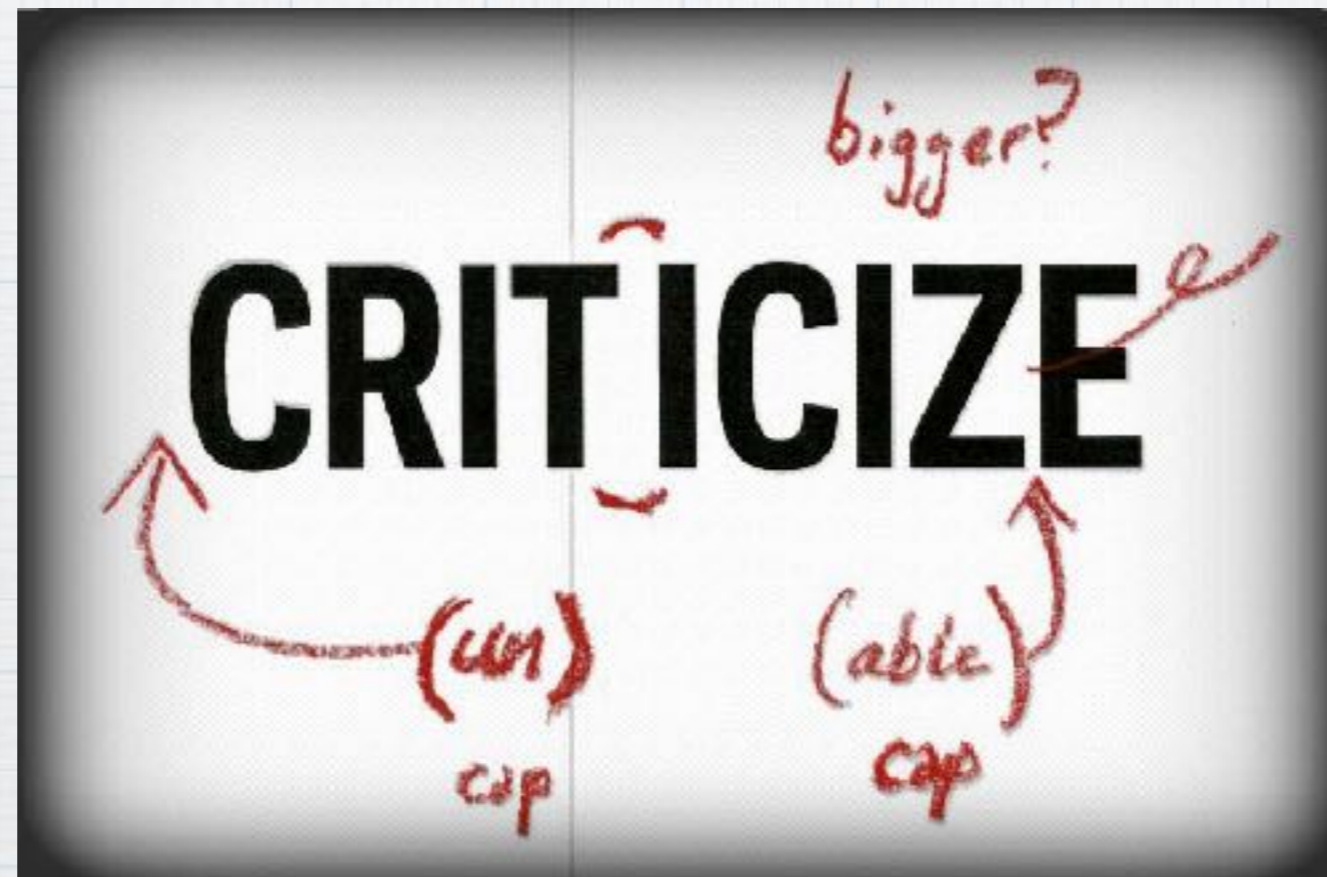


Critique

Receiving & Giving



On Criticism

- * Criticism is something you can easily avoid...
- * by saying nothing, doing nothing, and being nothing.

--- Aristotle



On Criticism

- * Your critics are the ones telling you that they still love you and care.
- * When you're screwing up, and nobody is saying anything to you anymore, that means they gave up.

--- Randy Pausch



Receiving Criticism 1

- * Be Open, not Defensive
- * Take Time, Listen & Take Notes
- * Look for Truth, Explore Issues
- * Interpret & Understand



Receiving Criticism 2

- * Can be Uncomfortable, Hard
- * Keep Calm, It's Not Personal
- * Step Back, Let Go of Being Right
- * Can be Mixed, Ask Questions



Receiving Criticism 3

- * Opportunity to Learn & Improve
- * Consider Perspectives & Ideas
- * Plan Goals & Process
- * Acknowledgement & Appreciation



Self-Criticism!

- * Consider How You're Doing
- * Let Go of Perfect
- * Imposter Syndrome
- * Give Yourself a Break
- * Talk with Others



Giving Criticism 1

- * Supportive & Constructive
- * What Works Well
- * What You Don't Understand
- * What Could Be Better



Giving Criticism 2

- * Good Intentions - Can Go Astray
- * Consider Time & Place
- * Private or Public
- * Verbal or Written
- * Short & Sweet



Giving Criticism 3

- * **Balanced Ideas, Conversation**
- * **Make Suggestions, Entertain Questions**
- * **Focus on Work, not Person**
- * **Show Appreciation**



Asking for Feedback 1

- * Be Open
- * Ask for Honestly
- * Ask Questions to Clarify
- * Take Notes



Asking for Feedback 2



- * **Three Questions**
- * **What Do They Appreciate About What You Do?**
- * **What Would They Like You To Start Doing?**
- * **What Would They Like You to Stop Doing?**

Sometimes - Conflict

- * Step Back & Take a Breath
- * Remember It's Not Personal, Apologize
- * Focus on Resolution, Not Being Right
- * Listen & Let Go



Praise

- * The trouble with most of us is that we would rather be ruined by praise than saved by criticism.

*



--- Norman Vincent Peale

Giving Praise

- * Be Honest & Specific
- * Make it a Habit, but Don't Overdo it
- * Actions as Well as Words
- * Be Thankful



Self-Praise

- * Reflect - Honest, Careful
- * Incompetent - Overestimate
- * Competent - More to Learn
- * Talk with Others



Receiving Praise

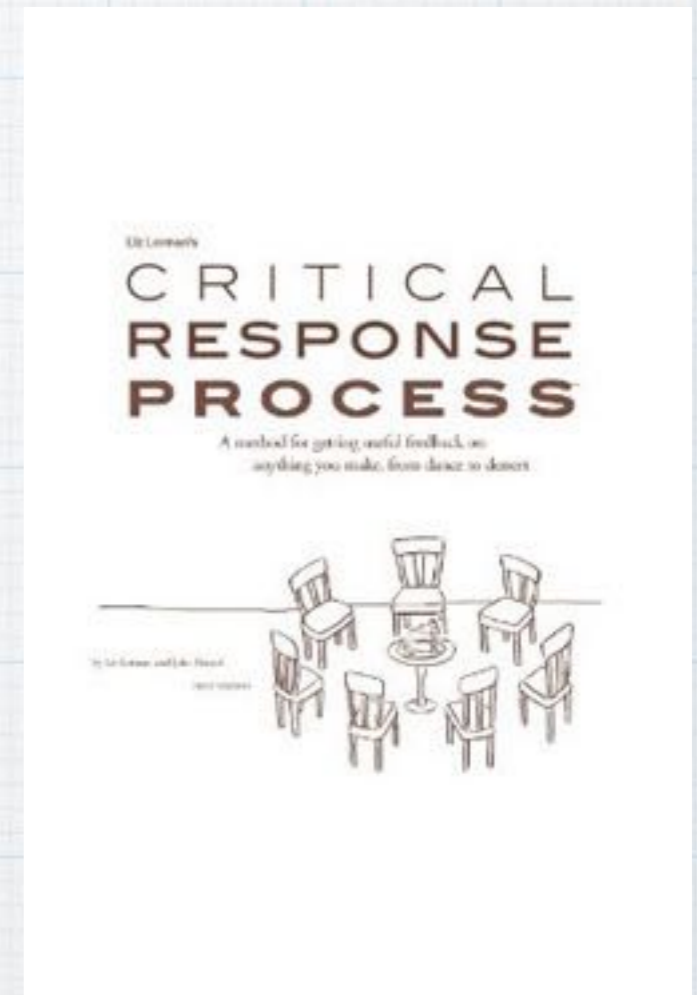
- * Be Thankful
- * Share it Around, Give it Back
- * Actions as Well as Words
- * Don't Expect It for Just Showing Up



Critical Response Process

-Liz Lerman

- * Statements of Meaning
- * Artist asks Questions
- * Neutral Questions from Responders
- * Permissioned Opinions



Critique

- * Supportive, Constructive - Yes and...
- * Receiving & Giving
- * Sharing Praise
- * Trust & Respect

